

# SCMMMRC Implicit Bias Resource List



## Webinar

[reviewtoaction.org/sites/default/files/2021-08/GMT20200427-160110\\_Using-MMRI\\_1600x900.mp4](http://reviewtoaction.org/sites/default/files/2021-08/GMT20200427-160110_Using-MMRI_1600x900.mp4) — This webinar is from the Review to Action page. Dr. Elizabeth Howell talks about identifying racism and discrimination as contributing factors to pregnancy-related deaths.

## Course Trainings

[thinkculturalhealth.hhs.gov/education/maternal-health-care](http://thinkculturalhealth.hhs.gov/education/maternal-health-care) — This is a free 2-hour e-learning program that is designed for providers and students seeking knowledge and skills related to cultural competency, cultural humility, person-centered care, and fighting implicit bias across the field of maternal health care.

[implicit.harvard.edu/implicit/takeatest.html](http://implicit.harvard.edu/implicit/takeatest.html) — This is a free implicit bias test made by the non-profit organization, Project Implicit. Project Implicit was founded in 1998 by three scientists — Dr. Tony Greenwald, Dr. Mahzarin Banaji and Dr. Brian Nosek. The Implicit Association Test (IAT) measures attitudes and beliefs that people may be unwilling or unable to report.

[diversityscience.org/training/equal-perinatal-care](http://diversityscience.org/training/equal-perinatal-care) — This is an e-learning training developed by Diversity Science and Rachel Hardeman contains an interactive training course and resources for perinatal providers focused on implicit bias and reproductive justice. These resources are developed in accordance with the training requirements outlined in the California Dignity in Pregnancy and Childbirth Act (Senate Bill 464) which went into effect in January 2020.

[marchofdimes.org/professionals/professional-education.aspx](http://marchofdimes.org/professionals/professional-education.aspx) — March of Dimes' Implicit Bias Training, called "Breaking Through Bias in Maternity Care," is a unique in-person or virtual learning experience that provides authentic, compelling content for health care providers caring for women before, during and after pregnancy. Although training alone will not lead to immediate improvements in racial disparities, it can help professionals change behaviors that will improve communication between patient and provider as well as begin a movement toward achieving equity for mothers and their babies.



## Research Articles

[liebertpub.com/doi/10.1089/jwh.2020.8874](http://liebertpub.com/doi/10.1089/jwh.2020.8874) — This is a research article from the Journal of Women's Health. It talks about what implicit bias is and how it contributes to racial disparities in maternal morbidity and mortality in the US. It also shares a resource on how you can measure implicit bias by taking the Implicit Association Test (IAT).

[ncbi.nlm.nih.gov/pmc/articles/PMC2219858](http://ncbi.nlm.nih.gov/pmc/articles/PMC2219858) — This is a research article from the US National Library of Medicine. This article talks about a set of evidence-based recommendations for interventions to reduce unintentional bias among health care providers by using research in social cognitive psychology. Its main goal is to provide a background that outlines strategies and skills, which can be taught to medical trainees and practicing physicians, to prevent unconscious racial attitudes and stereotypes from negatively influencing the course and outcomes of clinical encounters.

[ncbi.nlm.nih.gov/pmc/articles/PMC3140753](http://ncbi.nlm.nih.gov/pmc/articles/PMC3140753) — This is another article from the US National Library of Medicine. This article provides a research roadmap that displays investigations of the presence of implicit bias in health care settings, identification of mechanisms through which implicit bias operates, and interventions that may prevent or improve its effects. The goal of the roadmap is to expand and increase efforts to understand implicit bias and, ultimately, eliminate health disparities.

## Personal Stories

[youtu.be/05uBCBfrY4g](http://youtu.be/05uBCBfrY4g) — Charles Johnson talks about his wife, Kira, passing away due a hemorrhage inside her abdomen after giving birth to their son. Medical staff did not make Kira a priority even after showing signs of pain and discomfort. CT scan, which was supposed to be done asap, did not happen after 8 hours after doctors initially said they would.

[chcf.org/collection/listening-to-mothers-in-california](http://chcf.org/collection/listening-to-mothers-in-california) — The program Listening to Mothers in California is a statewide, population-based survey of women who gave birth in 2016. Led by the National Partnership for Women and Families, the project was funded by California Health Care Foundation and the Yellow Chair Foundation. This collection features a variety of survey-related resources such as survey results, fact sheets and videos featuring women with their own childbearing experiences.

[washingtonpost.com/news/morning-mix/wp/2018/08/07/beyonce-serena-williams-open-up-about-potentially-fatal-childbirths-a-problem-especially-for-black-mothers](http://washingtonpost.com/news/morning-mix/wp/2018/08/07/beyonce-serena-williams-open-up-about-potentially-fatal-childbirths-a-problem-especially-for-black-mothers) — This article talks about how two powerful African American icons survived potentially fatal pregnancy complications. The medical staff for both patients displayed lack of worry and prioritization to these two women.